



What to expect with your COVID-19 vaccine

If you just received your COVID-19 vaccine

- You will be given a **fact sheet** (paper or digital) about your COVID-19 vaccine that provides more information about the specific vaccine you receive
- You will also get a **COVID-19 vaccination card** that states what vaccine you received, and when and where you received it. This card will act as your personal record of vaccination against COVID-19 disease
- **After your shot**, you will move to a waiting area where healthcare professionals will **monitor you for about 15-30 minutes** to make sure you don't have any reactions to the vaccine
- When you receive your vaccine, you should also receive a **v-safe information sheet** telling you how to enroll. V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after your COVID-19 vaccine. If you enroll, you will receive text messages that provide appointment reminders and that direct you to surveys where you can report any problems or adverse reactions you may experience



Helpful tips:

- For 2-dose COVID-19 vaccinations, be sure to **schedule your second dose at the appointment for your first dose**
- **You should not laminate your COVID-19 vaccination card** in case you need a booster to be added; you should keep it in a safe place in your home
 - **Be sure to share your card with your doctor** so that they can add the information to your medical record
 - If possible, **take a picture of your card** as a backup after each shot

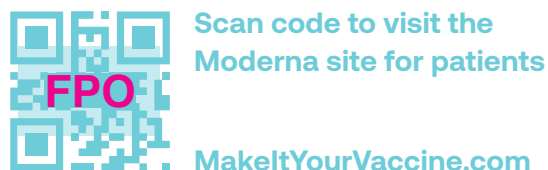
You may experience side effects from your COVID-19 vaccine

Though these are not all of the side effects you may experience, here are a few things to look out for:

- If you experience a severe allergic reaction, call 911 or go to the nearest hospital
- You may experience some pain, redness, or swelling in the arm where you got your shot
- Throughout your body, you may feel tired or achy, or have chills, headache, fever, or nausea
- If you have no medical conditions that normally would prohibit you from taking over-the-counter medications, talk to your doctor about taking a pain reliever like acetaminophen, aspirin, or ibuprofen after your vaccination
- Call your vaccination provider or your doctor if you have any side effect that bothers you or that does not go away
- If you receive a 2-dose vaccine, side effects after your second shot may be more intense than the ones you experienced after your first shot
- Report vaccine side effects to the FDA/CDC Vaccine Adverse Event Reporting System (VAERS). The VAERS toll-free number is 1-800-822-7967. You can also report online at <https://vaers.hhs.gov/reportevent.html>

For more information:

- **Possible COVID-19 vaccine side effects:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>
- **After your vaccine:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>



Helpful tips:

- **If you receive a 2-dose COVID-19 vaccine**, you must get both doses in order to complete the vaccination series
- You are not considered fully vaccinated until **2 weeks after you receive your last dose**
- Even after you are fully vaccinated, you may need to continue to **wear a face mask that covers your nose and mouth, as well as maintain social distancing**
- Check the most recent guidance on masks and social distancing from the CDC and your local authorities